



## **YMCA of Greater Flint-Pierson Road Branch Swim Lessons Parent Guide**

### **Swim Lessons Schedule**

**Parent/Child: Weeks 1 – 6 Water Acclimation (Swim diapers are required)**

**Pike/Eel and Ray/Starfish:**

**Weeks 1 – 5 Instruction**

**Week 6 Testing**

**Progressive lessons:**

**Week 1 – 4 Teach new skills & review skills.**

**Week 5 Quick review of all skills & testing. Free time depends on class sizes.**

**Week 6 “Safety Day” Cover Pool Rules, Boat Safety, use of life preservers, aquatic Emergencies, free time.**

### **Parent Etiquette & Important Information**

- **Classes must be paid for in full before your child is allowed to participate.**
- **Please arrive 5-10 minutes prior to the start of your classes. Children must rinse completely, including their hair, before entering the pool.**
- **To ensure safe and fair instruction please try to attend all classes, as make-ups will no longer be permitted**
- **A parent or guardian MUST stay on the pool deck if your child is in the water.**
- **If the pool is closed for any reason, make-ups will be announced at the following class, if not immediately.**
- **For Parents with opposite gender children, our Family Locker Room must be used for changing. Boys and Girls over 3 years old are not allowed in Adult Locker Rooms. The Front desk can provide you with a key to the Family Locker Rooms**
- **Questions or concerns regarding classes can be directed to the Aquatics Coordinator: 810-732-9622**