



YMCA of Greater Flint

FACILITY HOURS

Pierson Rd YMCA

Hours: M-F: 5:30 am - 7:00 pm

Sat: 7:00 am - 4:00 pm

Sun: Closed

Pool Hours: Pool- 6am-7pm

*Wed, Thur, Fri Family swim is 6-6:45pm

Sat: 8:00 am - 2:00 pm

Sun: Closed

Downtown YMCA

Hours: M-F: 6:00 am - 7:00 pm

Sat and Sun: Closed

Pool Hours: M,W,F: 6am-9am; 10am-1pm

T,Th: 6am-9am; 10am-2pm

Sat and Sun: Closed

CHECK IN PROCEDURE

Both staff and members will be required to complete a temperature check and answer "no" to the posted 5 questions regarding their health before entering Y facilities.

REQUIRED WAIVER

All Members will be required to have a signed waiver prior to first facility access.

FACILITY ACCESS POLICY

- The Y will be open to members only at this time.
- No guests, nationwide membership or day/week guest passes at this time.
- Come ready to work out. Bring towel, water bottle, mat and mask.

RESTRICTIONS APPLY

Six feet distance is required. Facility capacity limits and restrictions apply. Members are required to wear a mask at all times, except while swimming. Please disinfect all equipment.

REVISED February 1, 2021

WHAT IS AVAILABLE DURING PHASES?	Phase 1	Phase 2	Phase 3
Fitness Floor	●	●	●
Free Weight Area	●	●	●
Outdoor/Indoor Track	●	●	●
Gyms: No group play, Reservation required	●	●	●
Personal Training	●	●	●
Restrooms	●	●	●
Locker Rooms	●	●	●
Showers: Family Locker Rooms only at Downtown Y; All Locker Rooms at Pierson Rd Y	●	●	●
Indoor Group Exercise & Water Aerobics: Must register for class	●	●	●
Racquetball Court: Open for family in the same household by reservation only	●	●	●
Child Watch: By reservation only, masks required	●	●	●
Steam Rooms/Hot Tubs/Saunas	●	●	●
Water Fountains: Bottle Fill Only	●	●	●
Outdoor Playgrounds	●	●	●
Coffee Service, Towel Service	●	●	●
Facility/Group Rentals	●	●	●
Safe Places Afterschool	●	●	●

● Open, with restrictions ● CURRENTLY UNAVAILABLE