

PIERSON ROAD YMCA

POOL SCHEDULE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
LAP SWIM 6:00AM – 7:50AM	LAP SWIM 6:00AM – 7:50AM	LAP SWIM 6:00AM – 7:50AM	LAP SWIM 6:00AM – 7:50AM	LAP SWIM 6:00AM – 7:50AM	POOL CLOSED
AQUA AEROBICS 8:00AM – 8:45AM	AQUA AEROBICS 8:00AM – 8:45AM	AQUA AEROBICS 8:00AM – 8:45AM	AQUA AEROBICS 8:00AM – 8:45AM	AQUA AEROBICS 8:00AM – 8:45AM	
LAP SWIM 9:00AM – 10:50AM	LAP SWIM 9:00AM – 9:50AM	LAP SWIM 9:00AM – 10:50AM	LAP SWIM 9:00AM – 9:50AM	LAP SWIM 9:00AM – 10:50AM	
AQUA AEROBICS 11:00AM – 11:45AM	LAP SWIM 10:00AM – 10:50AM	AQUA AEROBICS 11:00AM – 11:45AM	LAP SWIM 10:00AM – 10:50AM	AQUA AEROBICS 11:00AM – 11:45AM	
HURLEY +2 LANES 12:00PM – 1:00PM	AQUA AEROBICS 11:00AM – 11:45AM	HURLEY +2 LANES 12:00PM – 1:00PM	AQUA AEROBICS 11:00AM – 11:45AM	HURLEY +2 LANES 12:00PM – 1:00PM	
LAP SWIM 1:00PM – 1:50PM	LAP SWIM 12:00PM – 12:50PM	LAP SWIM 1:00PM – 1:50PM	LAP SWIM 12:00PM – 3:00PM	LAP SWIM 1:00PM – 1:50PM	
AQUA AEROBICS 2:00PM – 2:45PM	LAP SWIM 1:00PM – 1:50PM	AQUA AEROBICS 2:00PM – 2:45PM	LAP SWIM 1:00PM – 1:50PM	AQUA AEROBICS 2:00PM – 2:45PM	
LAP SWIM 3:00PM – 4:50PM	LAP SWIM 2:00PM – 3:00PM	LAP SWIM 3:00PM – 4:00PM	LAP SWIM 2:00PM – 3:00PM	LAP SWIM 3:00PM – 4:50PM	
OPEN SWIM 5:00PM – 7:50PM	HURLEY +2 LANES 3:00PM – 4:00PM	OPEN SWIM + Lap 4:00PM – 6:50PM	HURLEY +2 LANES 3:00PM – 4:00PM	OPEN SWIM +1 LANE 4:00PM – 5:50PM	
	LAP SWIM 4:00PM – 5:00PM	AQUA ZUMBA 7:00PM – 7:50PM	LAP SWIM 4:00PM – 5:00PM	Y GRANT SWIM 6:00PM – 6:50PM	
	Y SWIM LESSONS 5:00PM – 5:50PM		Y SWIM LESSONS 5:00PM – 5:50PM	Y GRANT SWIM 7:00PM – 7:45PM	
	Y GRANT SWIM 6:00PM – 6:50PM		Y GRANT SWIM 6:00PM – 6:50PM		
	Y GRANT SWIM 7:00PM – 7:45PM		Y GRANT SWIM 7:00PM – 7:45PM		

For more information, call the
YMCA today at 810.232.9622
or
visit us online at
www.flintymca.org

